

Nouvel Catholic Central Elementary



Newsletter



December 2023

Merry Christmas

Although we've had a relatively warm fall and early winter, the snow and ice are just around the corner. As a reminder, in the event of a closure due to inclement weather, our school messaging system is set up to send a text message and/or call. If you are unsure if you're signed up for alerts, please contact Mrs. Sprague in the office (jsprague@nouvelcatholic.org). Closings can also be found on the local news channels and their websites.

Unfortunately, along with snow and ice, winter often brings more illness. School policy requires students to be fever free and/or not vomiting for 24 hours prior to returning to school. If medication needs to be dispensed at school, it must be brought into the school office by an adult with an accompanying physician's order on how it is to be dispensed. Even cough drops must be kept in the office and can only be administered to a child by school staff. Thank you for your cooperation in helping us ensure the safety of our students!

This is a wonderful time of year, but also very busy. I hope you are able to take some time to enjoy the beauty of the season.

Merry Christmas and a very happy new year,
Mandy Kaul
Principal

Early Elementary Open House

Our Early Elementary Open House will take place on Thursday, January 18. On this night, current and prospective families will have a chance to learn more about our incredible preschool/Montessori, young fives and kindergarten programs. Registration opens on January 10 for returning families and new families can begin registering on January 19. Look for more information to be sent from Admissions soon.



Virtue of the Month

December's Virtue of the Month is **SINCERITY**. The dictionary defines sincerity as the quality of being open and truthful; not deceitful or hypocritical. Sincerity correlates with the Cardinal Virtue of Justice.



Christmas Spirit Week

All students and staff will enjoy a Christmas Spirit "Week" leading up to break. Themed dress days are as follows:

Monday (12/18) - Red & Green Day

Tuesday (12/19) - (Ugly) Christmas Sweater Day

Wednesday (12/20) - Christmas PJ Day



Christmas Project

Home and School is organizing a Christmas adopt-a-family with the Mustard Seed Shelter. They will be looking for items for multiple families who recently arrived at the shelter. Meijer and Walmart gift cards will also be collected to shop for families and individuals who arrive at the Mustard Seed during the week of Christmas. A wish list will be available for those interested in participating.

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Upcoming Events

December 1 - Spirit Day
December 8 - Mass
December 11 - Multi-Age Preschool & Montessori Programs
December 13 - Concert
December 14 - Mass
December 15 - Spirit Day
December 18 - Red & Green Day
December 18 - Traditional Preschool Program
December 19 - (Ugly) Christmas Sweater Day
December 20 - Christmas PJ Day
December 21 - Christmas Break Begins

Christmas Break

Christmas Break is December 21-
January 2. Classes resume
Wednesday, January 3.



Contact Us



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Counselor's Corner

Hello! There is so much to be thankful for and this past month we have had some activities to help our students think of gratitude and kindness. November 13th was World Kindness Day and our students wrote messages of appreciation to staff members and also decorated a flower and wrote messages of appreciation. These flowers are displayed in our "Gratitude Garden" in the stairwell of the school. Our Monday Messages have been centered around appreciation with messages about gratitude, kindness, manners, and giving.

There is now a link on our school website to the elementary counseling center activities. On this page, you can find general information about the counseling services, links to the Monday Messages and Newsletters, parent resources, and a referral link for your student. Check it out here:

<https://nouvelcatholic.org/schoolcounseling>.

Here is an update on what lessons have been happening in the classrooms this month:

PreK - Grade 2: Peaceful Spot. Our students continued using the "A Little Spot of Emotion" book series by Diane Alber and learned how to find their "peaceful spot". This is where students feel relaxed, focused, most creative, and ready to learn. We learned some specific breathing techniques and you may even have seen your child come home with a green spot (sticker) on their hand to remind them what we learned.

Grades 3 - 6: Size of the Problem. Our students discussed which problems are small and can be easily taken care of and how they should also have small reactions to small problems. When students have big reactions to small problems, then it can scare others and even get them in trouble. Parents can reinforce this by talking to their child about the size of the problem when they have big reactions and help them find ways to solve small problems easily.

If you have questions or concerns or would like to reach out to see how I can help your individual student, please feel free to call me or email me at janderson@nouvelcatholic.org.



**We are Nouvel Catholic Central, called by Christ to
learn, love, and lead... courageously.**